5K Timed Run/Walk

					Male C	<u>)verall</u>							
Place	Bib#	Name	Time	Class	Туре	Hometown	Pace	Speed	Overall	Age	ID Number		
1	453	AIDAN CONNORS	00:19:18.36		Runner	Plainfield, IL	6:13/M	9.7mph	1	12			
						-							
					<u>Female</u>	<u>Overall</u>							
Place	Bib#	Name	Time	Class	Туре	Hometown	Pace	Speed	Overall	Age	ID Number		
1	396	SARAH GUNDLACH	00:24:33.27		Runner	Frankfort, IL	7:54/M	7.6mph	7	39			
	<u>Male 0 - 9</u>												
Place	Bib#	Name	Time	Class	Туре	Hometown	Pace	Speed	Overall	Age	ID Number		
1	415	CLARENCE MOORE	01:33:00.34		Runner	Watseka, IL	29:56/M	2.0mph	44	8			
								·					
<u>Male 10 - 19</u>													
Place	Bib#	Name	Time	Class	Туре	Hometown	Pace	Speed	Overall	Age	ID Number		
1	382	ZANE BIERNAT	00:22:36.63		Runner	Crown Point, IN	7:16/M	8.2mph	5	13			
2	451	CONNOR WOLF	00:39:29.75		Runner	CEDAR LAKE, IN	12:43/M	4.7mph	33	10			
	Female 10 - 19												
Place	Bib#	Name	Time	Class	Туре	Hometown	Pace	Speed	Overall	Age	ID Number		
1	448	ALYSSA VEGTER	00:35:57.37		Runner	Frankfort, IL	11:34/M	5.2mph	32	17			
					Male 2	<u> 20 - 29</u>							
Place	Bib#	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number		
1	388	PATRICK DELIS	00:28:06.14		Runner	Crown Point, IN	9:03/M	6.6mph	18	25			
					Female	20 - 29							
Place	Bib#	Name	Time	Class	Туре	Hometown	Pace	Speed	Overall	Age	ID Number		
1	411	MIRANDA	00:26:01.39		Runner	Crown Point, IN	8:22/M	7.2mph	12	25			
2	207	MACFARLANE	00.20.20 04		Dunner	aroun point INI	10.20/M	E 7mmh	20	20			
3	397 398	MARLO HALFMAN SARA HANIFORD	00:32:32.24 00:53:59.81		Runner Runner	crown point, IN Crown Point, IN	10:28/M 17:23/M	5.7mph 3.5mph	28 39	29 28			
						,							
					Male 3	<u> 80 - 39</u>							
Place	Bib#	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number		
1	424	IGNACIO RAMOS	00:22:04.29		Runner	Homewood, IL	7:06/M	8.4mph	4	35			
						20 20							
.					<u>Female</u>		_	•	•				
	Bib #	Name	7ime	Class	Type	Hometown Valneraise IN	Pace	Speed	Overall	Age	ID Number		
1 2	385 390	KRISTINE CLARK LAURA FENNELL	00:25:34.71 00:29:48.90		Runner Runner	Valparaiso, IN Valparaiso, IN	8:14/M 9:35/M	7.3mph 6.3mph	10 22	34 32			
3	416	LAURA MYERS	00:30:27.35		Runner	Wheatfield, IN	9:48/M	6.1mph	25	31			
4	391	ELIZABETH FLESZEWSKI	00:51:39.81		Runner	Lowell, IN	16:37/M	3.6mph	37	30			
5	444	LACEY SWICK	01:00:17.98		Runner	Gary, IN	19:24/M	3.1mph	42	37			
					Male 4	10 - 49							
Place	Bib#	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number		
1	394	SEAN GRANGER	00:24:54.82	-1033	Runner	Crown Point, IN	8:01/M	7.5mph	8	46	- Humber		
2	389	TODD DEVRIES	00:28:41.26		Runner	Demotte, IN	9:14/M	6.5mph	21	48			
Tames -	Dun Tim	i			Drintad: 2/0/202	24 7.20.02 044					Degas 1 of 3		

Printed: 2/8/2021 7:29:02 PM

Page: 1 of 2

Tempo Run Timing

5K Timed Run/Walk

						40 40								
	D:: #			01	_	<u>9 40 - 49</u>	_							
	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number			
1	421	SUSAN POPA	00:25:10.84		Runner	Saint John, IN	8:06/M	7.4mph	9	40				
2	440	BREE SNYDER	00:25:46.58		Runner	Oswego, IL	8:18/M	7.2mph	11	40				
3	401	SUSAN IRVINE-DUDIK	00:27:02.41		Runner	Homewood, IL	8:42/M	6.9mph	15	41				
4	443	NANCY PACKOVSKI	00:27:58.40		Runner	Valparaiso, IN	9:00/M	6.7mph	17	44				
5	423	KATRINA RAMEY	00:30:27.31		Runner	DemotteDemotte, IN	9:48/M	6.1mph	24	40				
6	447	DONNA VEGTER	00:35:57.25		Runner	Frankfort, IL	11:34/M	5.2mph	31	49				
7	414	MELISSA MAEYENS	00:49:42.24		Runner	South Bend, IN	16:00/M	3.8mph	36	42				
	<u>Male 50 - 59</u>													
Place	Bib#	Name	Time	Class	Туре	Hometown	Pace	Speed	Overall	Age	ID Number			
1	450	MIKE VOLLMER	00:20:21.22		Runner	Crete, IL	6:33/M	9.2mph	2	51				
2	410	RICHARD LOVING	00:21:41.08		Runner	Kankakee, IL	6:59/M	8.6mph	3	50				
3	439	ANDREW SMITH	00:27:08.30		Runner	Michigan City, IN	8:44/M	6.9mph	16	51				
4	409	TIM KULESA	00:28:08.58		Runner	Portage, IN	9:03/M	6.6mph	20	54				
					F	. 50 50								
						<u> </u>	_			_				
	Bib#	Name	Time	Class	Туре	Hometown	Pace	Speed	Overall	Age	ID Number			
1	418	A.A. OLEKMINSKAYA	00:28:07.60		Runner	Crown Point, IN	9:03/M	6.6mph	19	50				
2	412	SANDY MACFARLANE	00:33:39.58		Runner	Crown Point, IN	10:50/M	5.5mph	29	54				
3	438	MARIA SMITH	00:42:25.52		Runner	Michigan City, IN	13:39/M	4.4mph	34	52				
4	454	ALMA CAPPADORA	00:52:03.88		Runner		16:45/M	3.6mph	38	54				
					Male (<u>60 - 69</u>								
Place	Bib#	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number			
1	395	TIMOTHY GROSS	00:24:32.37		Runner	Barrington, IL	7:54/M	7.6mph	6	64				
2	420	KIM PILARSKI	00:26:01.98		Runner	Crown Point, IN	8:22/M	7.2mph	13	62				
3	429	RUBEN SANCHEZ	00:26:25.18		Runner	Lake Station, IN	8:30/M	7.1mph	14	62				
4	407	THOMAS KORNELIK	00:31:25.15		Runner	Crown Point, IN	10:07/M	5.9mph	26	64				
5	434	DAVE SIMPSON	00:31:27.19		Runner	Crete, IL	10:07/M	5.9mph	27	68				
6	445	WES TILLER	00:34:16.40		Runner	Crown Point, IN	11:02/M	5.4mph	30	60				
					F1-									
			_			<u> </u>								
	Bib#	Name	Time	Class	Туре	Hometown	Pace	Speed	Overall	Age	ID Number			
1	399	KATHY HILBRICH	00:30:14.51		Runner	Chesterton, IN	9:44/M	6.2mph	23	67				
2	413	COOKIE MACIEJEWSKI	00:45:36.12		Runner	Demotte, IN	14:41/M	4.1mph	35	66				
3	432	LORRIE SIMINGTON	01:32:57.09		Runner	Watseka, IL	29:55/M	2.0mph	43	69				
					Male :	<u>70 - 79</u>								
Place	Bib#	Name	Time	Class	Туре	Hometown	Pace	Speed	Overall	Age	ID Number			
1	422	DAVID RALSTON	00:55:46.91		Runner	Hammond, IN	17:57/M	3.3mph	40	76				
2	457	DAVID HINSHAW	00:58:05.25		Runner	,	18:42/M	3.2mph	41	76				
								•						

Tempo Run Timing Printed: 2/8/2021 7:29:02 PM Page: 2 of 2

10K Run

					Male C	<u>Overall</u>							
Place	Bib#	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number		
1	456	STEVE BUGARIN	00:37:06.05		Runner		5:58/M	10.0mph	1	35			
<u>Female Overall</u>													
Place	Bib#	Name	Time	Class	Туре	Hometown	Pace	Speed	Overall	Age	ID Number		
1	347	KELLY BONNER	00:51:06.89		Runner	Kankakee, IL	8:14/M	7.3mph	8	45			
	Female 20 - 29												
Diago	D:L #	Nama	Time	Class			Dana	Conned	Overall	A	ID Normalis an		
Place 1	Bib # 367	Name EMILY JENSEN	Time 00:55:38.59	Class	Type Runner	Hometown Kankakee, IL	8:57/M	Speed 6.7mph	Overall 11	Age 22	ID Number		
2	369	EMILY KENYON	00:57:23.49		Runner	Crown Point, IN	6.57/M 9:14/M	6.7mpn 6.5mph	15	22 27			
3	370	JACLYN KINDIG	01:04:43.57		Runner	La Porte, IN	10:25/M	5.8mph	21	22			
Ü	070	UNGETH KINDIG	01.04.40.07		ranno	Ea i oito, iiv	10.20/11	o.ompn	21				
					Male 2	<u> 20 - 29</u>							
Place	Bib#	Name	Time	Class	Туре	Hometown	Pace	Speed	Overall	Age	ID Number		
1	355	AARON COOK	00:38:17.02		Runner	Crown Point, IN	6:10/M	9.7mph	2	29			
					Male 3	<u> 30 - 39 </u>							
Place	Bib#	Name	Time	Class	Туре	Hometown	Pace	Speed	Overall	Age	ID Number		
1	380	JAMES TUCKER	00:48:54.13		Runner	Crown Point, IN	7:52/M	7.6mph	3	31			
2	373	BRAD LOUCKS	00:55:51.73		Runner	Hobart, IN	8:59/M	6.7mph	13	39			
3	374	JOE MALINSKI	00:58:54.33		Runner	Schererville, IN	9:29/M	6.3mph	17	39			
					<u>Female</u>	40 - 49							
Place	Bib#	Name	Time	Class	Туре	Hometown	Pace	Speed	Overall	Age	ID Number		
1	356	KIM DAVIS	00:55:41.19		Runner	Dyer, IN	8:58/M	6.7mph	12	43			
2	376	LAURA OAKES	00:59:37.38		Runner	Schererville, IN	9:36/M	6.3mph	18	40			
					Male 4	<u>10 - 49</u>							
	Bib#	Name	Time	Class	Туре	Hometown	Pace	Speed	Overall	Age	ID Number		
1	371	CRAIG KOVES	00:49:33.96		Runner	Crown Point, IN	7:58/M	7.5mph	4	40			
2	346	STEVE ANDERSON	00:50:51.57		Runner	Bourbonnais, IL	8:11/M	7.3mph	6	44			
3	372	RICK LAGACY	00:52:42.30		Runner	Bourbonnais, IL	8:29/M	7.1mph	9	46			
					<u>Female</u>	<u>50 - 59</u>							
Place	Bib#	Name	Time	Class	Туре	Hometown	Pace	Speed	Overall	Age	ID Number		
1	366	TJ	01:00:42.52		Runner	laporte, IN	9:46/M	6.1mph	20	51			
2	375	MARIA MIDDLETON NIED	01:20:33.83		Runner	Schererville, IN	12:58/M	4.6mph	23	52			
3	348	AMY BURKE	01:20:33.95		Runner	Portage, IN	12:58/M	4.6mph	24	50			
					Male 5	<u> 50 - 59</u>							
Place	Bib#	Name	Time	Class	Туре	Hometown	Pace	Speed	Overall	Age	ID Number		
1	425	RACE REED	00:50:52.31		Runner	LeRoy, IL	8:11/M	7.3mph	7	58			
2	349	KEVIN CLOGHESSY	00:57:10.35		Runner	Crown Point, IN	9:12/M	6.5mph	14	58			

Tempo Run Timing Printed: 2/8/2021 6:36:11 AM Page: 1 of 2

10K Run

	<u>Female 60 - 69</u>										
Place	Bib#	Name	Time	Class	Туре	Hometown	Pace	Speed	Overall	Age	ID Number

<u>Male 60 - 69</u>											
Place	Bib#	Name	Time	Class	Туре	Hometown	Pace	Speed	Overall	Age	ID Number
1	381	JOHN WARREN	00:49:55.88		Runner	Channahon, IL	8:02/M	7.5mph	5	65	
2	345	RICHARD ACKERMAN	00:57:55.65		Runner	Huntington, IN	9:19/M	6.4mph	16	67	

Tempo Run Timing Printed: 2/8/2021 6:36:11 AM Page: 2 of 2